



## Ordering donor sperm from the sperm bank Cryos

When you plan to use donor sperm for fertility treatment, you must order the sperm directly from the sperm bank. Below you can find information about ordering from the sperm bank Cryos. We collaborate with Cryos. See below.

### Which donor type?

Different donor types are available.

The donor may be anonymous or non-anonymous.

There may be a basic profile with very limited information about the donor. Or there may be an extended profile with more information available.

Another important issue is whether the child can obtain information about the donor's identity and contact the donor, when the child turns 18 years.

*Please note that the Danish Health Authorities and the sperm banks use different definitions of 'Anonymous'.*

### Which type of 'straw'?

#### IUI-straws

Order one IUI-MOT20-straw (or higher MOT) per IUI-D or IVF treatment cycle. If MOT20 is not available from the desired donor, you may order IUI-MOT10 straws.

MOT10 and lower are of lower quality and we do not recommend these.

#### ICI-straws

Order one ICI-MOT20-straw (or higher MOT) per IUI-D or IVF treatment.

### How many straws?

You may order semen for several treatments to save expenses to transport. However, if doing so you may end up with straws in our clinic that are not used and which cannot be returned to the sperm bank.

Ordering 1-2 straws will often be a reasonable compromise.

At Trianglen, we can store the straws for up to one year free of charge. You may find information about our prices for storage beyond one year in our price list.

When pregnancy is achieved with a donor, you may consider reserving more straws for future use from the same donor. This is done in the sperm bank.

### When should the sperm be ordered?

Please order the sperm in due time – preferably so that it is delivered to Trianglen at least one week prior to the planned treatment.

### Ordering and discount code

We have a partnership agreement with Cryos that gives you a 10% discount code. Use the code: TRIANG10 when you order sperm from Cryos (used when ordering online).

### **Has the donor reached your country's quota?**

Please see Cryos' website for information about donor quota and quota reservation.

### **Transport on dry ice or in a liquid nitrogen container?**

*It makes no difference to us whether the sperm straws are kept frozen on dry ice or in liquid nitrogen during the transport to Trianglen.*

### **Other things to consider when ordering?**

The sperm sent to Trianglen should be labelled with name and CPR-number (date-of-birth if you do not have a Danish CPR-number) of the woman whom the sperm should be used for.

### **The sperm bank's address**

Cryos International - Denmark  
Vesterbro Torv 1-3, 5.  
8000 Aarhus C  
Tel. +45 8676 0699  
E-mail: [dk@cryosinternational.com](mailto:dk@cryosinternational.com)  
Website: [www.cryos.dk](http://www.cryos.dk)